

# national volunteer week 2022

## Meet Ming: Build Volunteer



“I’ve been volunteering on the Habitat Greater Ottawa build site for a few months now. I have a full-time job, so I volunteer once a week. I decided to start volunteering because there’s a strong need for affordable housing in Ottawa, and across the country and I want to help people in a meaningful and tangible way. While working at Titus Landing, I laid flooring for the new homes and

installed baseboards. Many things go into building a new home. I try to help with anything that I can do during my shifts.

I’ve really enjoyed my time volunteering so far. This is something I’ve never experienced before. It is great working with and getting to know the families on the build site and knowing that my work is making a difference. It has also been really nice to finally socialize in person after working from home for the last two years!

To me, *Empathy in Action* means that although we can't physically feel other people's pain, difficulty or hardship, knowing that others are going through such experiences is enough for us to act. However small our actions may be, they can and will have an impact on others, sometimes more than we realize. Each one of us taking small steps to help things become a little easier, collectively we will make a big difference.”